

Guidelines

Time

- Client will show up on time
- Client will give a 24-hour cancellation notice otherwise the client will be billed for the session, which is \$72/hr, regardless of Ins
- A session can be lengthened based on the therapist's schedule
- If a client shows up late for an appointment, the client will be billed for a full session and treated for the remaining time of the session. Appointments starting 15 minutes late will be rescheduled.
- If an emergency occurs for either the client or the therapist, the session may be rescheduled based on a mutual agreement.

Confidentiality

- The therapist does not share information about the session with others.
- If the client would like the therapist to send a note to a physician, the client must make the request in writing.

Treatment

- The client determines which pieces of clothing to be removed
- The therapist discusses what is most helpful for the specific treatment; however, the client makes the final decision
- The client determines which areas not to treat (i.e. no foot strokes due to being ticklish); likewise, the therapist determines which areas not to treat (i.e. genitals, breasts)
- The client will remain covered at all times and only the area being worked on will be uncovered.
- The client needs to communicate the pain level to the therapist.
- The therapist does not talk to the client during the session unless to inquire about level of pressure or pain; if otherwise indicated, the client needs to take the lead
- Treatment is provided in a specific designated space that is used solely for massage and where the client's privacy is assured.
- Any person under the age of 17 years old must be accompanied by an adult during the treatment.
- If the client would like another person (i.e. spouse, friend) to observe the session, that may occur provided the person adheres to the established boundaries.
- No sexual behavior/intonation is tolerated

Payment

- Payment is due at the time of service
- Gift certificates are available and are paid in advance of service; certificates are to be used within a 6 month time frame.

The following are normal responses to relaxation and/or touch which sometimes occur during massage. You need not be embarrassed nor suppress them: movement or release of intestinal gas, crying, laughing, strong emotions, sighing, groaning, yawning, softening of muscle tissue, cognitive or felt memories, stomach gurgling, or the need to change position.

Agreement

We agree to adhere to the specified boundaries. If for some reason the client cannot adhere to the boundaries, the therapist will discuss a course of action that may result in a right to refuse treatment of the client.

Client's signature _____ Date _____ Copy Rec'd _____

Massage therapist's signature _____ Date _____